



NEXPLANON

Overview of Appointments

In order to ensure that Nexplanon is the right choice for the patient, and that it is implanted and monitored safely, the process will typically consist of four steps.

FIRST STEP – CONSULT VISIT: a discussion with the patient and a parent

- Review the risks and benefits of the progesterone medicine for the patient's specific personal and family history.
- Discuss any alternative hormonal options that the patient may want to consider.
- Review the details of the procedure.
- Confirm that the patient wants to proceed with the implant.
- You will be asked to sign a financial agreement at this visit.

SECOND STEP – PROCEDURE VISIT: placing the implant

- An over-the-counter LMX cream can be applied to the inside of the patient's non-dominant arm 30 minutes prior to the appointment to help with any pain related to the numbing medicine injection.
- For patients who prefer not to watch the procedure, music, videos, or electronics can serve as a distraction.
- Patients should consider bringing someone to the appointment for support and to drive them home.
- All patients will be asked to give a urine sample to confirm that the patient is not pregnant prior to placing the implant. This is a requirement for ALL patients, even if the implant is to address menstrual cramps or irregular bleeding patterns and the patient is not sexually active.

THIRD STEP – RECHECK WITH PROVIDER IN 3 MONTHS:

- A follow-up visit with the provider who placed the implant is required three months after insertion.
- When scheduling your Nexplanon insertion, a three-month follow-up appointment will also be scheduled with the same provider.

FOURTH STEP – REMOVAL VISIT:

- The implant will need to be removed in five years. This can be done at Allegro Pediatrics or by any licensed provider.
- The patient may choose to have it removed earlier for any reason.
- The patient may choose to have a new device implanted into the same location at the same time that the old device is removed.